

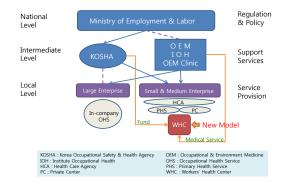
Introduction

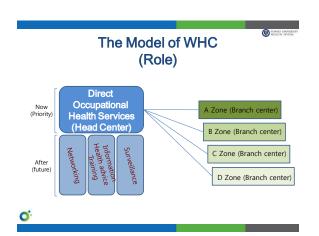
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What determines workers health?



Occupational Health System (KOREA)







YONSEL UNIVERSITY HEALTH SYSTEM

Method & Result

Business Case

(Incheon Workers' Health Center)

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Information

- · Open date: From April 1, 2011
- Location: The Namdong National Industrial Complex in South-east area of Incheon
- Area: 390 m²
- Sizes of industries in the Namdong National Industrial Complex
 - : 4,133 small companies, 64,572 workers.
- . Staffs: A total of 8 persons
 - (1 occupational medicine specialist, 3 nurses, 1 physical therapist, 1 psychologist, 1 industrial hygienist, 1 ergonomist)
- Operation hours: 09:00 a.m.~ 9:00 p.m.

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Program

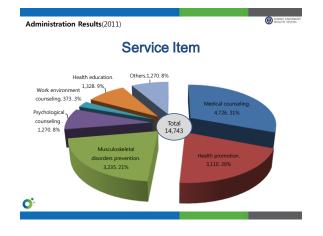
- 1. Medical counseling: Common diseases, occupational diseases, and job suitability assessment services
- 2. Health promotion: Cerebro-cardiovascular diseases, smoking cessation, exercise promotion programs
- Psychological counseling service: Job stress, MBTI (Myers briggs type indicator), depression, organizational psychology, and KOSS(Korean Occupational Stress Scoring).
- **4. Work environment counseling:** Personal protective equipment training, basic researches for hazards, PAOT (Participatory Action-Oriented Training).
- Musculoskeletal disorders prevention: Muscle relaxation, balance maintenance techniques, stretching techniques, physical therapy, and exercise therapy.

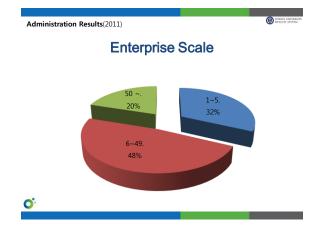
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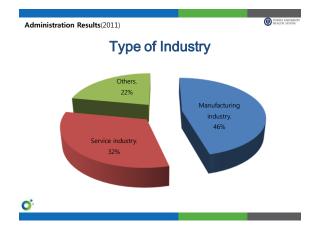
Service Items of WHC_incheon Improve Workers' Quality of Life Medical counseling promotion Incheon Workers' Health Center (environment counseling prevention) Sychological Counseling service Sychological Sycho

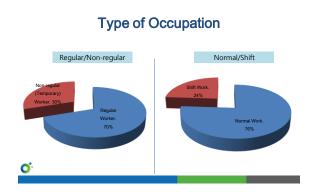
Task Course Registration Productive and Consultation Industry (Course) Productive and Consultation Industry (Course) Productive and Consultation Industry (Course) (











Administration Results(2011)

Conclusion

· The Workers' Health Centre has been operated by the following 5 strategies for health care management of workers in small enterprises. 1. Shared by workers of small enterprises

Strategy

- 2. Individualized care for each workers
- 3. Referral system to tertiary hospitals after initial medical evaluations if needed
- 4. Comfortable and confidential consultations on medical treatment options
- 5. Consultation for all workers' health management



