




THREE YEARS OF THE OCRA METHODOLOGY IN BRAZIL

CRITICAL ANALYSIS AND RESULTS



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The OCRA Method was first presented in Brazil in 1995, still in its embryonic phase, by the Profs. Antonio Grieco, Enrico Occhipinti and Daniela Colombini

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- “Escola OCRA Brasileira” started, and was concretized in 2007
- Translation of the book “OCRA Method” from Italian to Portuguese
- In the 2008 the official launching of the OCRA Book in Brazil

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São Paulo
October
2008



DANIELA COLOMBINI
ENRICO OCCHIPINTI
MICHELE FACCÌ



MÉTOD OCRA

PARA A ANÁLISE E A
PREVENÇÃO DO RISCO
POR MOVIMENTOS REPETITIVOS

MÉTODICA APLICADA ÀS ATIVIDADES MANUAIS

Edição Revisada
Ruddy, Facci,
Eduardo Marcatto



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Methodology

- January 2009 to August 2011
- OCRA courses: 23
 - “CHECK LIST” OCRA: 21
 - “ÍNDICE” OCRA: 2



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Professionals trained: 345

•Occupational Safety	34.0%
•Occupational Health	28.0%
•Physiotherapy	16.0%
•Ergonomics	5.0%
•Chronoanalysis	5.0%
•Orthopedics	4.0%
•Ministry of Labor (Auditor / Proscutor)	3.5%
•Ministry of Justice (Inspector)	2.0%
•Occupational Nursing	1.0%
•Administration	0.5%
•Human Resources	0.25%
•Union	0.25%
•Architecture	0.25%
•Law	0.25%



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OCRA course's principles and instructions:

- 1.Prior study of 9 chapters of the OCRA Book
- 2.16 hours of classes and test given at the end
- 3.Evaluation of the course by the participants
- 4.Practical test according to EPM standard
- 5.Evaluation by the teachers of the test results
- 6.Delivery of the certificates to approved participants (97%) + Brazilian OCRA School home page

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Results

The interest of each participant was directed to his own professional activity:



- Professionals of the technical areas: *practical application in the companies or consultancies*
- Government area: *to know the methodology for using in supervisions and Law suits*
- Judicial experts, lawyers: *to get knowledge*
- Union members: *to get knowledge to use in agreements*
- Other professionals: *to get knowledge.*

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- Independently of the different professional areas of the participants, the understanding and learning of the OCRA Method was very similar
- The applicability of the OCRA Method was well accepted by the technical professionals, with reports of good results in the companies and significant risk reduction without alterations in the productivity

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Conclusions

- OCRA Method attend to the needs for the evaluation of the exposure of the upper limbs to the risk due to repetitive movements and efforts, responding well to the requirements of the Brazilian legislation
- Easy to use
- Goods results x short term
- Low cost

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