

ALLERGY TESTING & CAREER CHOICE

by
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INTRODUCTION OUR CLINIC

Location : In a large teaching hospital in an urban setting

Premises : A four-storeyed building dedicated to seeing Allergy and related cases

Staff : Paediatricians
General Physicians
Immunologists
Nurses
Dietitians
Data processing personnel

Back-up Resources: General Laboratory (Pathology)
Dept of Clinical Immunology & other specialist units

PROCEDURES

- Interview and Clinical Examination
- Skin Prick Tests for Allergies
- Blood (RAST) tests for Allergies
- Blood and other Pathology Tests
- Oral Challenges
- Elimination Diets

EXAMPLES

- Veterinary students with strong allergies to dogs & cats
- Chefs with strong allergy to fishes
- Nurses with strong latex allergy
- Firemen with fear of heights
- Trainees with severe atopies exposed to chemicals/ allergens
- Trainees with Glucose-6-PO₄-dehydrogenase deficiency exposed to haemolytic agents
- Trainees with visual defects exposed to chemical hazards

MANAGEMENT

- General Counselling
- Immunotherapy
- Job retraining / transfer
- What is lacking
 - Early detection of Allergies
 - Coordination with School Health and Apprentice Training bodies