

NEEDS ASSESSMENT FOR THE USE OF THE CHECKLIST DEPRESSION IN INSURANCE MEDICINE

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Introduction

- Work ability assessment of patients on long term sick leave due to major depressive disorder is complex.
- Besides anamnesis and clinical examination, insurance physicians do not have many instruments to rely on within their assessment of work ability of patients with MDD.
- Development of the Checklist Depression (CDp): 10 aspects thought to be important for evaluating the work possibilities of persons with major depressive disorder.

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Objective

The aim of this study was to identify the potential facilitators and barriers in the use of the CDp by insurance physicians insurance physicians during their work ability assessments of sick-listed employees with major depressive disorder.

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Checklist Depression (CDp)

Take notice	Remember
Sustain attention	Perform routine operations
Focus attention	Undertake structured work activities
Complete operations	Recall
Think in a goal-directed manner	Perform autonomously

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Methodology

Design: qualitative research based on semi-structured interviews.

Population: insurance physicians and staff insurance physicians.

Measure: semi-structured interviews (about 30 minutes and audiotaped) based on nine questions divided into characteristics of the potential users (insurance physicians), the work environment (UWV) and the innovation (CDp).

Procedures: potential participants were contacted by e-mail and received written information about the study aim and procedures.

Analysis: taped interviews were transcribed and analysed qualitatively using the MAXQDA software program.

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Results (1): Facilitators

	Insurance physicians	Staff insurance physicians
Potential users	- Scientific value	- Acceptation from the users
Work environment	- Clear introduction - Support from management - Support from colleagues - Sufficient time	- Clear instructions - Sufficient time - Announcement of additional value and advantage
Innovation	- Written instruction - Increased transparency in work ability assessment - Instrument developed by insurance physicians - Compatibility with existing instruments	- Clear examples - Compatibility with existing instruments

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Results (2): Barriers

	Insurance physicians	Staff insurance physicians
Potential users	- Lack of time - Information overload - Fear of autonomy loss	- Fear of autonomy loss
Work environment	- No support from management - Lack of introduction - CDp as an obligation - High workload	- CDp as an obligation
Innovation	- Inadequate instruction - Time consuming - Unclear instrument and related examples - Lack of added value	- Time consuming - Unclear instrument and related examples - No attention for physical aspects of MDD patients

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Conclusions

- The identification of potential facilitators and barriers offers information from a broad perspective about the needs of insurance physicians and staff insurance physicians with regard to the CDp use.
- The CDp implementation should take into account these identified facilitators and barriers in order to facilitate the CDp introduction within the work ability assessment of insurance physicians.

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References

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